

HOW TO GUIDE

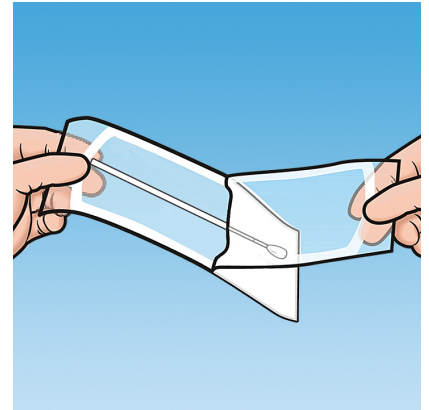
[HOW TO COLLECT BUCCAL CELLS]



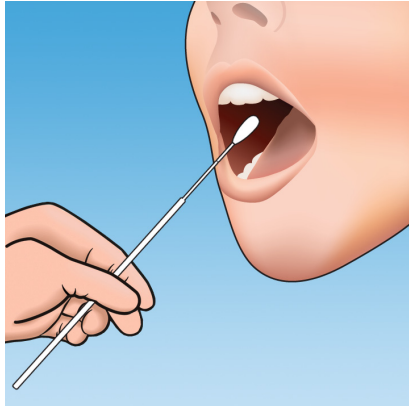
RINSE your mouth with water.



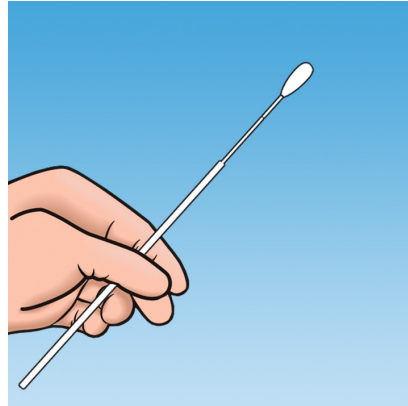
AVOID coffee or tea for at least 30 minutes prior to sample collection.



REMOVE swab from peel pouch.



INSERT the swab tip into the mouth and firmly rub against inside of cheek 10 times. Repeat on other side of the mouth.



REMOVE swab from mouth and process immediately as per laboratory standard procedures, or use provided transport kit.